

# Our University

A NEWSLETTER FROM THE UNIVERSITY OF CALIFORNIA PRESIDENT FOR THE UC COMMUNITY



June 2011



**By Anne Wolf**

This month, across the University of California system, faculty and staff are saying goodbye and congratulations to many of their colleagues. Hundreds of faculty and staff retire from UC each June – more than in any other month.

Many retire after spending decades dedicated to the UC and its mission. Below are just a few of the many retiring faculty and staff who have made a life of public service.



**Maria Correa**  
**Administrative Assistant III**  
**UCLA School of Dentistry**  
**Age: 62**

**Years at UC:** 32+

**First job at UC:** principle clerk in the UCLA hospital billing office

**Retirement plans:** I plan to walk every morning; enjoy family and friends in a more relaxed way; join a book club; travel with my husband of 33 years; finish all the unfinished jobs at home. I plan to just do all the things I like to do.

**UC accomplishments you're proud of:** I am just very proud that I've been here for so many years. Knowing that the university can count on me 100 percent. I am very loyal to the university. I'm also proud that this place respects me and my culture.

**Who or what you will miss most:** Definitely my relationship with my coworkers; they are like second family to me. I will miss the students, they are very smart; the campus that is so beautiful (the botanical garden). I plan to come back often to keep in touch.

**Advice for UC colleagues:** Even though times are rough now, the UC system is still one of the best places to work; if you are here, do the best you can on whatever you do.



**William A. Coles**  
**Professor of Electrical & Computer Engineering**  
**UC San Diego**

**Age:** 69

**Years at UC:** 42

**First Job at UC:** assistant professor. I got in on the ground floor of a very interesting campus. I started my career in a small department that already had a Nobel Prize winner and many National Academy of Science members. Other departments were similar. My field, Radio Astronomy, was also brand new. It was a very exciting time and place - to say nothing of the social turmoil of the 1960s that swept around us.

**Retirement Plans:** I plan to keep doing most of what I am presently doing. But I hope to spend more time with my colleagues abroad, particularly in Australia and Europe. It's a way to help my friends and keep in touch with what's going on in my field.

**UC accomplishments you're proud of:** I don't think of life that way. I'm proud of my kids, my students, my colleagues that I've worked with; but I've not created a building. I've helped build my department, but it's the whole package that I'm proud of.

**Who or what you will miss most:** I'm not going to miss anything. I'm going to stay right here and continue my research. I'm also planning to continue teaching. They'll have to carry me out feet first.

**Advice for UC colleagues:** UC is still a great place to work. Of course, we are all aware that UC is going through a budgetary convulsion, but it will remain one of the world's extraordinary academic institutions. However, you're going to need a good sense of humor to see it through this crisis.



**Benito de Lumen**  
**Professor of Nutritional Science & Toxicology**  
**UC Berkeley**

**Age:** 71

**Years at UC:** 33

**First job at UC:** Assistant professor

**Retirement plans:** I play a lot of tennis, and I'll be playing more. My wife and I will be traveling. We are going to Spain in the fall; probably cross over to Morocco. I'll be working with a startup biotech company I cofounded based on discovery of a molecule in my lab. And I'll be enjoying my first and only granddaughter.

**UC accomplishments you're proud of:** About 12 years ago, a cancer preventive molecule called lunasin was discovered in my laboratory. It is found in seeds of common crops such as soybeans, barley, and wheat. The science is quite robust and collaborators all over the world will continue to research it. UC Berkeley owns the patents and we formed a company to develop it commercially. It will be good for people because it prevents cancer.

**Who or what you will miss most:** Interaction with students, both in teaching and research.

I think we get some of the brightest students in California, if not the nation. I have written many letters of recommendation for students who have gone into health careers; that's very satisfying to me.

**Advice for UC colleagues:** You have to know the rules of the game. Here at Berkeley, because we are a research university, one of the main objectives is to boost the frontiers of knowledge. The quality of research determines tenure and professional success. Once you get tenure, enjoy the job and be productive.



**Jon Gledhill**  
**Director of Transportation Services and Campus Life Services**  
**Facilities**  
**UC San Francisco**

**Age:** 59

**Years at UC:** 33

**First job at UC:** repro graphics delivery at UC Berkeley, where I was a student; I came to UCSF in 1981 as director of mailing and addressing services.

**Retirement plans:** We will be settling our two daughters-both UC graduates-into their continuing educational pursuits; our oldest is starting medical school and the youngest is getting a second bachelor's degree in nursing. I also have a long list of things to do at home, the never-ending list. Beyond that, some travel and fishing are part of the plan and just enjoying time with family and friends.

**UC accomplishment you're proud of:** It really boils down to being part of making UC a world-class university. That means doing what's needed to support that endeavor. Specifically, I'm proud of the redesign of the entire UCSF shuttle system in the wake of the development of the Mission Bay campus. Transportation is such a core need for the entire UCSF population, and the redesign had a very positive impact on the entire campus community.

**Who or what you will miss most:** I will most miss the folks I work with on a daily basis. I will also sorely miss the many friends and colleagues that I've made over the course of the last 30+ years on campus, who do such great work every day to make this the special institution it is.

**Advice for UC colleagues:** Keep the big picture in mind when things get tough, that's always helped me get through the tough times. Also, and perhaps more practically, start your 403(b) plan as early as possible. It does make a big difference. Otherwise, enjoy each and every day; they go by so fast.



**Barbara Lester**  
**Director of Corporate Accounting**  
**Office of the President, CFO Division**

**Age:** 64

**Years at UC:** 38

**First Job at UC:** assistant accountant at UC Berkeley

**Retirement plans:** My husband and I hope to travel. I have a list of home projects that I want to get done. And I'm looking forward to just

having a different routine.

**UC accomplishments you're most proud of:** Putting in a new corporate reporting system for our financial system. It's used by all the campuses and UCOP and has made year-end financial reporting much easier. I've had a number of different jobs at UC and that's enabled me to be a good resource person for a lot of my colleagues here and on the campuses.

**Who or what you will miss most:** I'll miss all the contacts I made with people on the campuses and here at UCOP. I've gotten a lot of good ideas from them and they've really helped me. I hope I've reciprocated.

**Advice for UC colleagues:** Learn as much as you can from all the good people you are working with; expand your knowledge; be willing to change; and be patient with everyone.



**Annette Luckow**  
**Assistant Dean**  
**UC Irvine Donald Bren School of Information & Computer Sciences**

**Age:** 58

**Years at UC:** 37+

**First Job at UC:** Student library assistant at UC Riverside; first career job as a senior clerk in Academic Personnel at UC Davis; I've been lucky I've worked on four campuses: Associate Dean at UC Santa Cruz

**Retirement Plans:** Between us, my husband and I have five kids and nine grandkids; we want to spend time with them; travel, take classes, volunteer, house projects: clean out drawers and closets.

**UC accomplishments you're most proud of:** Helping to establish the Bren School as a new school in 2002. We had to set up structures, policies and procedures; I helped train and orient academic leadership. It was and is a huge success on both the staff and faculty sides. I'm also proud of my involvement in mentoring staff, developing staff leaders through UC's Leadership Academy and as a program coordinator for the systemwide Business Officers Institute for 10 years.

**Who or what will you miss most about working at UC?** Certainly the people, who are extraordinarily gifted and dedicated individuals. I'm blown away by the talent in this organization. I am also going to miss the daily challenge of what's coming next. I love to think on my feet and make it work. Being part of our faculty's and student's success is the thrill of this job.

**Advice for UC colleagues:** Welcome change and challenges; persevere; be creative and have fun.



**R. Bruce Miller**  
**Founding University Librarian**  
**UC Merced**

**Age:** 64

**Years at UC:** 24 years

**First job at UC:** Associate university librarian at UC San Diego

**Retirement plans:** I've moved to Austin, Texas, which calls itself the music capital of the world, and I intend to take advantage of that. I'm a long-time guitar player and technician, and I'm in the process of building a new electric guitar for myself. I want to do some creative writing. As a librarian, I love to read and plan to do more reading for fun. I'm not even close to worrying about running out of things to do.

**UC accomplishments you're proud of:** I'm really proud of work I did at UCSD; I helped to bring it to the cutting edge regarding information technology. Coming to Merced, we leveraged that. I'm very proud that Merced students and faculty have access to materials and equipment at their fingertips as good as anywhere in the world. And we did that with minimum of people. I'm now seeing UC libraries one by one adopt practices and methods that we started at Merced.

**Who or what you will miss most:** More than anything, I'll miss the daily friendships, the camaraderie. As the "elder statesman" of the group at Merced, I have a paternal feeling about some of the staff. Watching some of the younger staff grow, have families, has been really gratifying.

**Advice for UC colleagues:** Sustain the vision; keep sight of what we're doing and be proud and excited about being a highly professional group.



**Monica Moreno-Hornsleth**  
**Academic Advisor**  
**UC Santa Barbara College of Letters & Science**

**Age:** 59

**Years at UC:** 30

**First Job at UC:** senior typist clerk in the recreation department

**Retirement Plans:** On my first day of retirement I'm reporting for jury duty! After that, I'm looking forward to taking art classes and calligraphy classes. I plan to spend more time with my parents. I also plan to read, hang out with my dog and travel to see friends. I will enjoy just having the time be my own, doing whatever I want.

**UC accomplishments you're proud of:** My work with students helping them in the advisor role. It's been very gratifying.

**Who or what will you miss most about working at UC?** I will miss working with the students, but I will also really miss the culture of the university, which promotes learning and new ideas. I will miss many of the people I have met and have become lifelong friends.

**Advice for UC colleagues:** I know that things are hard for everyone now. The only way we're going to make it through is to stick together and make each other laugh.



**Bette Quinn**  
**Assistant Dean**  
**UC Riverside, Graduate Division**

**Age:** 62

**Years at UC:** 39+

**First job at UC:** Student worker in the Registrar's Office at UC Riverside. My first career job was collecting payments on short-term

student loans in the UC Riverside business office.

**Retirement plans:** I don't have many concrete plans yet: A family wedding in Montana in July. My brother has a big July 4 party and I've usually had to come and go quickly. This year I can stay longer and relax.

**UC accomplishments you're proud of:** One of the nicest compliments I ever got was from a professor who said, "The graduate division is a bureaucracy that actually works." My staff really does serve the students, staff and faculty to solve problems. We have a reputation on campus as a unit that gets the job done in a way that is helpful.

**Who or what you will miss most:** I'm going to miss the people I work with; they're a really good team. I'm going to miss my routine; I'm a creature of habit.

**Advice for UC colleagues:** Hang in there. I've seen many ups and downs, but it always turns around eventually. Just take care of business and try not to get distracted by all the noise around you; you have no control over it. In the end, whatever happens, we'll make it work.



**Doug Russo**  
**Carpenter Specialist in the Physical Plant Department**  
**UC Santa Cruz**

**Age:** 61

**Years at UC:** 22+

**First job at UC:** I've always been a carpenter at UC

**Retirement plans:** I'm going to surf more with my twin brother, Craig, who is also retiring from UC Santa Cruz this month. I'm getting back into printmaking and painting, and I have plenty of jobs at my own home. I also want to do some traveling.

**UC accomplishments you're proud of:** I've done some nice projects, but I'm most proud of the fact that I had good client relationships with the people we've done work for. Craig and I have received many letters from our UC Santa Cruz clients thanking us.

**Who or what you will miss most:** I will miss the people that I worked for. Besides working for them, you strike up a nice relationship with them. I'll also miss being around young people who aren't jaded about life yet. And Santa Cruz is a beautiful place to work.

**Advice for UC colleagues:** Hang in there; everything will come together.



**Yin Yeh**  
**Professor and Chair of Applied Science**  
**UC Davis**

**Age:** 72

**Years at UC:** 45

**First job at UC:** Lawrence Livermore lab as a post doctoral fellow (1966-1968); became staff scientist in 1968; came to UC Davis 1972.

**Retirement plans:** Taking a river cruise in Eastern Europe with my wife to celebrate our 50 years of marriage. Then visit family on the east coast. Then return to my research projects.

**UC accomplishment you're proud of:** I was a co-Principal Investigator, with Professors

Dennis Matthews and James Boggan, in the founding of a National Science Foundation Science and Technology Center: the Center for BioPhotonics Science and Technology (CBST) at UC Davis. It's a 10-year program and we're in year nine. It is essentially what I wanted to do: integrate physical tools into the study of biology and medicine, bringing together biologists, health scientists, physicists and engineers to solve outstanding medical problems.

**Who or what you will miss most:** I will definitely miss the student interaction. Furthermore, the range of faculty interaction will be somewhat different, probably not as broad. In these last two or three years as an administrator, there have been many interesting things going on; I'm not sure I will miss that.

**Advice for UC colleagues:** The University must be more focused on inquisitive thinking and creative learning. In the current budget situation, I do not see good tidings going down the route of the business model of operations. I think my colleagues have all put out tremendous effort; I admire their fortitude and hope the best for all of them.

*Anne Wolf is systemwide coordinator, Internal Communications, in the Office of the President.*

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## Systemwide News

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### **Regents chair calls for long-term state support**

As Russell Gould concludes two years as chair of the Board of Regents, he reflects on the role UC plays in California's economy and the importance of state financial support to sustain the university as an engine of opportunity. Watch the video at <http://www.universityofcalifornia.edu/news/article/25734>

### **Chronicling Commencement 2011**

Another spring means another commencement season for UC graduates. Read highlights from commencement events throughout UC at <http://www.universityofcalifornia.edu/news/article/25782>

### **UC Staff Assemblies honor UC Riverside chancellor (art on server)**

The Council of the University of California Staff Assemblies (CUCSA) earlier this month presented its inaugural Outstanding Senior Leader Award to UC Riverside Chancellor Timothy P. White. The award is designed to recognize senior level leaders who are supportive and inclusive of UC staff and who encourage equity, diversity and community.

Ravinder Singh, CUCSA chair-elect and a research analyst for the Office of the President, presented the award to White at a surprise meeting at UC Riverside.

Singh said CUCSA received nominations from many UC locations. The group chose White for involving staff in campus-wide committees and recruitment efforts; for his willingness to seek staff input on important issues; and for his communication efforts.

"When we told President Yudof about our choice he said 'You could not have picked a finer advocate,' " said Singh.

Chancellor White appeared both moved and humbled by the award.

"I am very honored, but this award is not about Tim, it is about us, about this campus," White said. "And to be the first to be recognized really adds an exclamation point to our people, place, purpose and accomplishments."

Scott Silverman, president of UC Riverside's Staff Assembly, which nominated White, said they were proud of his leadership.

"I think that we all feel that we trust him implicitly and that we are proud to have him as our leader," Silverman said.

In his nomination statement, Silverman wrote: "Chancellor White is widely popular and renowned amongst students, staff and faculty and is expected to propel UC Riverside to great heights."

Singh said the award would not necessarily be given annually, but instead, only when a senior administrator, like White, demonstrates leadership that is inclusive and supportive of staff. There are about 290 top-level administrators at UC who are eligible for the award.

## **UC Day in D.C. aims to show importance of UC education and research**

***By Katherine Tam***

More than 80 University of California leaders and advocates from all 10 campuses will mobilize forces on Capitol Hill starting Wednesday, June 22, to push for strong, sustainable federal funding for education and research.

As part of UC Day in D.C. 2011, a diverse team of students, veterans, alumni, faculty, staff, researchers as well as senior leaders aims to meet with all 55 members of the California delegation as well as UC alumni in Congress and on key committees over two days. The delegates will show how vital the federal partnership is and share how UC makes a difference in education and research on critical issues facing California and the country.

"There is no one better to tell UC's story than the people who are benefiting from the federal funds we receive: the students, researchers and faculty," said Gary Falle, associate vice president of federal governmental relations. "This federal funding is critical to UC's mission of education, research and public service."

At more than \$3 billion a year, federal dollars account for the lion's share of financing for UC's critical research programs. Part of this funding and the theme for this two-day advocacy effort is programs servicing our veterans which support national security and veterans' health. These projects include robotics, designing sturdier military vessels, post-traumatic stress disorder, traumatic brain injury and stem cell research to heal wounds.

The benefit of this research goes well beyond the military. It can lead to new energy sources, more efficient computer networking, structurally sound buildings and medical treatments that help everyone.

In addition, UC students receive more than \$779 million in federal financial aid, including \$322.5 million in Pell Grant Funding. More than 72,000 low-income students received federal Pell Grants in 2010.

More than 1,350 UC students are veterans or have some other type of military status, such as active duty or National Guard. Nearly 600 of UC student veterans receive post-Sept. 11

G.I. Bill benefits to cover their education costs. Across the system, UC has in place comprehensive educational support programs for student veterans, with services that range from priority class registration to veteran-specific orientation and for-credit courses that help acclimate veterans to their campuses.

At the state level, UC already faces at least a \$500 million funding cut as California grapples with its budget crisis. In March as part of UC Day in Sacramento, UC staff and alumni lobbied and testified at budget hearings at the state capital to push for a long-term funding solution that preserves the quality of public higher education.

***Katherine Tam is employee communications coordinator in Internal Communications, Office of the President.***

## **Building a green lab**

With private funding in place and sustainability becoming one of the University of California's priorities, UC Davis had a window of opportunity to do something bold: build one of the greenest facilities on a UC campus.

"The time was right," said Roger Boulton, the Stephen Sinclair Scott Professor in the Department of Viticulture and Enology at UC Davis. "If you're going to make a statement about a program, the building [had] better be part of the story."

The Mondavi Institute's food, brewing and wine sciences labs are LEED-Platinum certified for sustainability, utilize captured rainwater and solar power, and will soon be self-sustaining for both water and electricity. The new wave labs use some of the latest technologies to cut energy use, conserve water, capture carbon dioxide emissions from wine fermentation and leave as small a carbon footprint as possible.

Research laboratories, with their specialized equipment and ventilation systems, can use four to five times more energy than a similarly sized classroom or office and can account for as much as two-thirds of a university campus's energy consumption.

Making labs more efficient presents an opportunity for UC campuses to strive to achieve systemwide sustainability goals, which include maximizing energy efficiency, cutting water use and reducing greenhouse gas emissions to year 2000 levels by 2014 and to 1990 levels by 2020. Sustainable labs also have contributed to the \$21 million in annual savings resulting from an energy efficiency plan instituted by the UC system in 2004.

Labs are "the biggest piece of the energy pie, and if you need to make substantial energy savings, go to the biggest piece and look for the best opportunities," said Allen Doyle, the campus sustainability manager at UC Davis who became a nationally known expert on green research methods when he was a lab manager at UC Santa Barbara.

Advanced technologies and building practices are helping new and retrofitted labs become more efficient and sustainable. These facilities have features such as high-efficiency fume hoods, low-energy lighting and energy-recovery ventilation systems as well as recycled construction materials.

New facilities such as the August A. Busch III Brewing and Food Science Laboratory and Department of Viticulture and Enology Teaching and Research Winery at the Mondavi Institute, UC Irvine's Sue and Bill Gross Hall Stem Cell Research Center and the Ray and Dagmar Dolby Regeneration Medicine Building at UC San Francisco have won accolades for their design and sustainability.

The Busch labs and research winery at UC Davis, the Tahoe Center for the Environmental

Sciences and Bren Hall at UC Santa Barbara are the only three UC facilities to earn LEED Platinum status, the highest level from the U.S. Green Building Council's sustainability ratings. At UC Berkeley's Morgan Hall, a floor of renovated and new labs that opened in August 2010 earned a LEED Gold rating, the second highest level.

When planning the labs at the Mondavi Institute, UC Davis had a window of opportunity to build a state-of-the-art, sustainable facility, Boulton said, adding that the private donors who funded the construction also advocated for a green approach.

In the past, the belief might have been that labs are too complicated to make sustainable without posing a risk to researcher safety or research results.

"We've found that for most of the challenges there are solutions," said Katie Maynard, a sustainability coordinator at UC Santa Barbara who with Doyle and a team of student interns co-founded LabRATS, a campus program that assesses the sustainability of labs and offers advice to make them greener. "Our highest priority is supporting laboratories in the pursuit of high quality research. We are careful to make recommendations that meet both research and sustainability objectives."

Often, sustainability efforts can save time for researchers, reduce costs for laboratories and identify needed resources, such as used equipment, while improving communication, Maynard said. For instance, recyclers were reluctant to take plastics from labs for fear of chemical or medical contamination. At UC Santa Barbara, LabRATS worked with a waste hauler and labs to work out a system to separate plastics free of contaminants for recycling.

UC Irvine is taking an approach for new and retrofitted facilities that it calls Smart Labs, which re-thinks a laboratory building's mechanical and electrical systems with the goal of cutting energy consumption in half.

"It's an ensemble of things that have to be done in a holistic way," said Wendell Brase, UC Irvine's vice chancellor for administrative and business services, who oversees campus sustainability initiatives.

At most research universities, labs use about two-thirds of a campus's energy, Brase said. This is because all of the air that is cooled, filtered, heated, dehumidified and distributed in a lab building is exhausted as a safety measure. Typically, laboratory buildings exhaust their entire air volume six to 12 times per hour, 24 hours a day, regardless of occupancy or air quality.

Gross Hall uses motion sensors that lowers the rate of ventilation to two to four air changes per hour when there are no people sensed in a lab. Detectors also ratchet up the ventilation when particulates or volatile solvents are detected and sound an alarm if dangerous levels are reached. In a smart lab, air changes vary from two to 10 per hour based on sensed conditions and occupancy.

To attain 50 percent energy savings, which Gross Hall has achieved, Brase said complementary measures such as high-efficiency lighting with daylight controls and reduced exhaust stack discharge airspeeds (when conditions are safe) need to be deployed.

At UC Davis, surveys of researchers found that labs are 90 percent empty for 12 hours of the day, "yet we were running them as though they were completely occupied," Doyle said.

Dialing down energy use when rooms are not being used is a key part of a sustainable lab. Bren Hall, Gross Hall, Morgan Hall and the Dolby Building have controls for ventilation that are optimized for efficiency and use motion sensors to shut lights off when rooms are unoccupied. The buildings are also designed to utilize as much daylight as possible for illumination.

Many common pieces of equipment in labs were designed long before conserving energy was a priority and many labs are still using them. Fume hoods and ultra-low temperature freezers are some of the most common and individually can use more energy than a house. Updating them to the latest high-efficiency models is another major component of greening a lab.

Fume hoods are ubiquitous in labs and can be a big energy drain if not used properly. In the worst cases, a hood can use three times the energy of a house. The hoods enclose lab workbenches and are designed to protect researchers from fires, dusts and vapors. Some hoods run at constant rate all the time, even when not being used. The same hood used in a variable-air-volume building slows the flow of air when the sash, or face of the hood, is closed, resulting in energy savings. But if a user fails to close a sash when a hood isn't being used, any potential savings are lost.

Many lab freezers run at temperatures down to -80 degrees Celsius. A single freezer can use as much electricity as a typical house, and at UC Davis alone there are about 1,000 of them, according to Doyle. Some frozen items don't need the deepest freeze, and Doyle said lab managers estimate that up to 30 percent of the things in freezers are expired or obsolete. He is working on a national Freezer Week contest to promote and incentivize good sample management.

Installing energy-saving equipment helps but it takes people to operate them. Educating, encouraging and collaborating with researchers to make recycling, conservation and reuse a part of lab culture can be the biggest challenge and have the biggest payoff. Scientists are understandably focused on their research, and getting them to make sustainability a priority takes a partnership, Doyle said.

After outreach and education about the amount of energy a lab uses and the potential for conservation, scientists are usually eager to help, said Doyle, who is developing a green labs program at UC Davis.

"They want to do the right thing," he said. "Doors just fly open sometimes when they find out what we're doing."

## **More Systemwide News**

### **Gov. Brown vetoes state spending plan**

<http://www.universityofcalifornia.edu/news/article/25770>

### **UC lauded for its risk management program**

<http://www.universityofcalifornia.edu/news/article/25764>

### **UC San Diego Nobel Laureate honored on new stamp**

<http://ucsdnews.ucsd.edu/newsrel/general/11-06-16MayerStamp.asp>

### **Obama honors Santa Cruz professor**

<http://news.ucsc.edu/2011/06/kavli-obama.html>

### **UC San Francisco doctors, staff shave heads for cancer cause**

It looked like a typical Wednesday evening in San Francisco's Kezar Pub on June 8, as locals gathered to unwind after work and watch the Stanley Cup Playoffs. But walking into the bar's dimly lit back room brought a whole new energy and a different crowd, with more than 100 people crammed into the small space to take part in a very atypical fundraiser.

In a bold demonstration of support for the many children with cancer they have treated over the years, several UCSF Benioff Children's Hospital doctors, as well as hospital staff and community members, had their heads shaved bald to raise money and awareness for childhood cancer research. Over the course of the evening, a dozen people lined up to have their turn in the makeshift barber's chair and watched as their locks fell in clumps to the floor amid onlookers' cheers.

"I've often had to tell my patients that their cancer treatment will make them lose their hair, but it will grow back. And yet, I've never really known how it feels to hear those words," UCSF pediatric cancer specialist Jason Law, MD, said just before losing his thick dark hair. "Today, I understand just a little more."

The event raised \$30,000 for the St. Baldrick's Foundation, a nonprofit organization that hosts worldwide events where volunteers collect pledges and shave their heads to support kids with cancer. Since 2007, the St. Baldrick's Foundation has given \$770,000 in grants to support UCSF's clinical and basic cancer research programs, with several hundred thousand more expected through future awards.

"We have all been touched by cancer, and we have all known someone affected by this disease," said Kate Matthay, MD, chief of pediatric oncology at UCSF Benioff Children's Hospital and the only woman to have her head shaved that evening. "We are here today to honor those people who have had their lives cut short because of cancer and to stand in solidarity with our brave young patients who continue fighting this disease."

Many local media outlets also came out to cover the event, and Matthay even did a post-shave live Skype interview on NBC Bay Area's evening newscast. Additional coverage appeared on KCBS Radio, KGO-TV, KQED's Bay Area news blog and The Bay Citizen.

Additional UCSF participants in the event included pediatric oncologists Benjamin Braun, MD, PhD, Steven DuBois, MD, and Robert Goldsby, MD, who also acted as emcee for the evening; Arthur Ablin, MD, UCSF clinical professor emeritus; JayDe Leonard, analyst in the division of pediatric hematology/oncology; Mitchel Fujita of the department of anesthesia; and Michael Matthay, MD, professor of medicine and anesthesia.

### **UC Santa Barbara marine scientists help make girl's dreams come true**

Caroline Roy has plans, and she won't let a little thing like life-threatening illness get in her way. The 17-year-old high school student from Baton Rouge, La., wants to study marine biology, and after much research decided the place where she wants to do it is UC Santa Barbara.

Despite a diagnosis of recurrent pleomorphic adenomas — cancer of the salivary gland — when she was 11 years old, and three surgeries to address subsequent recurrences, Caroline is determined to pursue her dream of becoming a scientist.

On June 15, she and her family — parents Karen and Phillip, and younger brothers Austin and Joseph — spent the day at UCSB touring the campus's Marine Science Institute (MSI), meeting with marine biologists and learning about the diverse research being conducted in the Department of Ecology, Evolution & Marine Biology. Their visit also included tours of three research laboratories in the Marine Science Building, and stops at Campus Point and MSI's Research Experience and Education Facility (REEF).

Caroline's trip to UCSB was made possible by Dreams Come True of Louisiana, Inc., a nonprofit organization that fulfills dreams for children with life-threatening illnesses. Following a welcome by Mark Brzezinski, MSI director, and Dan Reed, a research biologist and MSI deputy director, Caroline and her family learned about three areas of research at MSI. Andy Brooks, an associate project scientist, discussed the Moorea Coral Reef Long Term Ecological Research project; Shannon Harrer, a research associate, discussed the Santa Barbara coastal Long Term Ecological Research project; and Gretchen Hofmann, professor of Ecology, Evolution & Marine Biology, gave a presentation on her laboratory group's focus on the ecological physiology of marine organisms, particularly invertebrates.

"If they'll have me, I want to come here," Caroline said during her visit to UCSB. "I thought we'd have a campus tour, but I never expected people to invite us into their labs and spend so much time with us and show us so many things."

The significance of the experience was not lost on Caroline's mother. "She was just glowing when anyone was speaking to her," Karen Roy said. "The university's been amazing with everything they've done for us. With tragedy come huge blessings, and that's what she's experiencing here."

Discussing Caroline's visit to UCSB, Brzezinski said: "This was something we really wanted to do. To do anything less wouldn't be fulfilling a dream." He noted that his goal was to give Caroline a broad overview of marine biology and emphasize the ways UCSB involves undergraduates in research. "We wanted to stress the importance of attending a research university."

At Campus Point, the family played on the beach and met with Marine Science Institute researcher Jenny Dugan, who shared her research on coastal marine ecology and conservation. Their visit to UCSB concluded with a tour of MSI's REEF interactive aquarium with REEF director Scott Simon.

The family's trip to Santa Barbara also included a whale watching expedition on Wednesday, June 15, courtesy of Sea Landing and Condor Express at the Santa Barbara Harbor.

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## HR Briefs

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### **Your benefits travel when you do**

Accidents happen—even when people are on vacation. So, if you need a doctor, it's good to know your UC health benefits travel with you. Here are a few tips for using your benefits while vacationing.

### **Before you leave on vacation**

- If you take medications, make sure you have enough for your trip. You may want to

request an additional supply for your vacation or check whether you can use your plan's retail or mail order pharmacy while you're away.

- Carry medications in their original container, and keep them with you - not packed away in a suitcase that could be lost.
- Keep your health insurance card in your wallet and put a copy in your suitcase, in case your wallet is lost or stolen.
- Visit your plan's website for travel information; some medical plans have travel kits.
- Check with your medical plan about an urgent care center in your vacation area. Many centers have doctors, nurses and x-ray facilities on site, and they cost less than an emergency room visit.

### **While you are away**

- In the U.S., always call 911 if you need immediate medical care.
- Medical plan nurse advice lines are available 24 hours a day, seven days a week; call them for medical advice and guidance.
- UC's dental plans cover the cost of emergency and office visits for pain relief.
- All of the medical plans have toll-free numbers you can call if you have questions; the number is on the back of your health insurance card.
- If you're in Health Net, Kaiser Permanente, Western Health Advantage or the Anthem Blue Cross PLUS plan and you get emergency treatment, call your plan or primary care provider as soon as possible to report the emergency.

### **If you travel outside the U.S.**

- All UC-sponsored medical plans cover emergencies. Generally, you will need to pay for the care at the time you receive services and then file a claim for reimbursement. Be sure to call your plan as soon as possible to report the emergency care.
- Be sure you know how to contact your medical plan. Depending upon your vacation site, UC plans may have international toll-free numbers or you can call collect.
- Visit your plan's website and booklet for information on coverage while traveling overseas.

### **ER or Not ER?**

The need for medical care doesn't always coincide with your doctor's office hours, but going to the emergency room isn't always the best alternative.

Most of UC's medical plans offer urgent care clinics, where patients can drop in without an appointment for non-life-threatening health care during evening and weekend hours. The wait is typically shorter than in an emergency room, and the co-payment is generally less (\$15 compared to the emergency room co-pay of \$50, for example). Visit your plan's website to find an urgent care center near you.

Of course, if you think you have an emergency, call 911 or go to your local emergency room immediately.

For non-emergencies, you may want to call your primary care physician or your plan's toll-free nurse-helpline. These phone numbers are on your plan ID card, and services are available 24 hours a day, seven days a week.

Visit your plan's website to learn more about urgent care programs and 24/7 nurse advice lines.